

Candidate Fitness Assessment (CFA)

The Candidate Fitness Assessment (CFA) is a mandatory physical fitness test for admission to the U.S. Military Academy (USMA), U.S. Naval Academy (USNA), U.S. Air Force Academy (USAFA), and U.S. Merchant Marine Academy (USMMA).

If you are seeking a nomination during the upcoming application cycle and have not yet scheduled or completed the CFA, you are encouraged to do so at your earliest convenience. Applicants should begin preparing for the CFA during the spring semester of their junior year and plan to take the official CFA during the fall semester of their senior year. More information about the CFA can be found on each Academy's website.

Department of Defense Medical Examination Review Board (DoDMERB)

Applicants must complete a medical examination through the Department of Defense Medical Examination Review Board (DoDMERB) in order to receive an appointment to a Service Academy. After applying to an Academy, that Academy will contact DoDMERB to initiate the applicant's medical qualification process and schedule the medical exam.

Applicants should complete the medical exam as soon as possible, as the medical qualification process can take several months to complete. More information about the DoDMERB medical examination process can be found on each Academy's website.

Dual Application Process

Applicants must apply for a Congressional nomination at the same time they are applying directly to a Service Academy. The nomination application and the Service Academy application are separate processes, and both must be completed for an applicant to be considered for an appointment.

In order for Congressman Ellzey to nominate an applicant to a Service Academy, the applicant must already have a complete application on file with that Academy. If an applicant has not submitted a complete application to an Academy for which they are seeking a nomination, Congressman Ellzey will not be able to nominate them for an appointment to that institution.

Please do not rank or indicate interest in attending an Academy unless you intend to apply to that Academy.